

BREATHE

AN INTERACTIVE JOURNAL TO SUPPORT YOUNG PEOPLE WITH ASTHMA

PARTICIPANTS' FEEDBACK FORM

Sixth Form Students have been working with One to One Development Trust to develop BREATHE. We now need your help to pilot and test the journal before it gets circulated to other schools and doctor's surgeries.

There are two ways you can help:

1. Go through the BREATHE journal online yourself and give feedback below
2. Offer to go through BREATHE with a younger student as part of a Peer to Peer support session and help them give feedback.

This pilot phase will run in January and February 2016.

Tips for using the journal with a Peer to Peer Student:

- Familiarise yourself with BREATHE first
- Make sure you have a good internet connection and can play film clips with sound
- Give your peer support student time and space to explore the journal
- Talk to your peer support student about asthma and what in the journal they find most interesting
- Make sure they fill the questionnaire in – you may want to go through it with them

Details of the person who is giving feedback:

(Please read/browse the journal before filling in the questionnaire)

Name: _____

Class: _____

Age: _____

Do you have asthma? Yes No

What was your first impression of BREATHE? (please tick each box you agree with)

- Colourful and interesting
- Good photography and design
- Curious to explore it
- None of the above

What did you find interesting about BREATHE? (please tick each box you agree with)

- The overall journal
- The tips and advice
- The videos
- The quiz
- None of the above

What have you learnt about asthma? _____

Any other feedback on the journal? _____

Having read BREATHE, would you feel more confident managing an asthma attack? (please tick)

- If you have an asthma attack
- If a friend/family has an asthma attack
- I'm not confident

Thank you very much for filling in the questionnaire!